






Penkridge, Brewwood, Coven and Wheaton Aston

Adult Education in your area- come along and see what we do!

 Creative Interiors & Upholstery	Mon	1900-2100	17-Jan-11	10	Wolgarston High School Penkridge
Learn to Paint and Draw	Wed	10.00-12.00	19-Jan-11	10	Brewwood Y&C Centre
Modern Bead & Wired Jewellery	Wed	1900-2100	19-Jan-11	5	Wolgarston High School Penkridge
 The Sewing Shop – clothes alterations made easy	Wed	1900-2100	19-Jan-11	5	Wolgarston High School Penkridge
Soft Furnishings - Creative Ideas	Thurs	10.00-12.00	20-Jan-11	10	Brewwood Y&C Centre
Upholstery & Creative Interiors 	Thurs	1900-2100	20-Jan-11	10	Brewwood Middle School
Improve your digital images	Wed	1900-2100	19-Jan-11	5	Wolgarston High School, Penkridge
EBAY - How to buy and sell  SAFELY	Wed	1900-2100	02-Mar-11	3	Wolgarston High School, Penkridge
Computing - Beginners/refresh your skills with File Management	Wed	1900-2100	19-Jan-11	5	Wolgarston High School, Penkridge
 Cooking with Herbs and Spices	Wed	1900-2100	19-Jan-11	5	Wolgarston High School Penkridge
 Classic Cooking – from Soups to Cakes and lots in between	Wed	1900-2100	02-Mar-11	5	Wolgarston high School Penkridge
Tai Chi for all ages and abilities 	Mon	1930-2100	17-Jan-11	10	Wolgarston High School, Penkridge
Yoga for Health and Well-being DAYTIME	Wed	0945-1115	19-Jan-11	10	Penkridge The Scout Hall Good Station Lane
Yoga for Health and Well-being	Wed	1900-2030	19-Jan-11	10	Wheaton Aston Y&C Centre

					
Yoga for Health and Well-being	Thurs	1930-2100	20-Jan-11	10	St Paul's School,Coven
Yoga for Health and Well-being	Thurs	1930-2100	20-Jan-11	10	Princefield School, Penkridge
Men's keep fit (all abilities) 	Fri	1915-2115	7-Jan-11	12	Wolgarston High school, Penkridge
					
A Guide to Shamanic Healing	Wed	1900-2100	19-Jan-11	5	Wolgarston High School Penkridge
Master class in Shamanic Healing	Wed	1900-2100	02-Mar-11	5	Wolgarston High School Penkridge

For more information please call Kathy on 01785 788407, 07919401035 or email k-parkin@wolgarston.staffs.sch.uk or k.parkin@staffordcoll.ac.uk

To book your place please call 01785 275509

The cost for 10 weeks for a 2 hours course is £73.00 and £55 for an hour and a half